



## Connection and Community Take Home

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**TOPIC OF THE MONTH:** Connection and Community is defined exploring kindness to others and the world through connection and engagement.

### Some activities to try at home:

- Is it time to clean out your toys and closets? Why not donate the clothes, toys, and household items that you no longer need? Place them into a box and as a family, deliver them to a donation site. Remember to discuss with your children how the items you are sharing with others will help families in need.
- Create a bird feeder out of random supplies and then place the feeder outside for the neighborhood birds to nourish themselves. Please remember to refill the feeder when necessary.
- Create kindness bookmarks in order to share with people borrowing books at the library. With the librarian-s consent, place the decorated bookmarks into various books at your local library.
- Collect plastic storage bags and then drop them off at a local recycling center.

### Additional reading/viewing:

#### Elementary

- **Kindness Makes Us Strong** by Sophie Beer
- **Pete the Cat's Groovy Guide to Kindness** by Kimberly and James Dean
- **The Day it Rained Hearts** by Felicia Bond

#### Upper Grades:

- **Pocket Money: A Book about Random Acts of Kindness** by Kayle Llewelyn
- **Pay It Forward: Young Readers Edition** by Catherine Ryan Hyde
- **The Kindness Journal (Little Activities to Make a Big Difference)** by Jaime Thurston

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Kindness Matters 365 (KM365) is a nonprofit that guides children and teens to explore essential life skills such as being kind and compassionate, respecting others, developing stronger relationships, and coping with challenges. After our kids figure out how to feel and be their best, they practice what they discovered through interactive projects and community engagement initiatives ([km365.org](http://km365.org)).

Visit [kindnessmatters365.org/connect](http://kindnessmatters365.org/connect) or email [info@km365.org](mailto:info@km365.org) to sign up for our emails and newsletters.

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