



## ENGAGING IN UNITY TO STRENGTHEN OUR COMMUNITY

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### Topic of the Month: PERSONAL RESPONSIBILITY

Determining what we are and are not responsible for. Making conscious choices and deciding our role in supporting ourselves, our community, and our world.

### Put Your Kindness into ACTION

Since April is Earth Month, a time to raise awareness around the issues that affect mother nature, let's think about how we can practice Personal Responsibility and take action to help minimize our carbon footprint. What is our responsibility? What is not? **Some activities to consider:**



#### Organize A Clean-Up

Help rid your school or community of waste and trash by organizing a school, park, or beach clean-up! A clean-up is a great and fun way to demonstrate personal responsibility by working together to improve our earth and world.

#### Create A Kindness Garden

With appropriate permission, designate a part of your home, room, school, classroom, playground, sports field, or other space and transform it into a Kindness Garden, caring for and beautifying the space by decorating rocks, pavers, or anything else with positive messages to create an environment of kindness.

#### Reduce, Reuse, Recycle

Brainstorm new ways to recycle or upcycle. Make original crafts from recycled goods, contact local waste management organizations to speak about the importance of recycling, or create a PSA of your own!

#### Essential Needs Collection

If you live in Palm Beach County, join us in collecting essential items for those who need a helping hand in our community. Visit the [Kindness Angels Facebook page](#) for items needed and drop items off on the third Saturday of the month from 2:30-3:30pm at St. Gregory's Church, 100 NE Mizner Blvd. in Boca Raton.

#### Create Your Own Project

Work with your community to determine what is needed and create a project to address those needs, practicing the monthly topic. KM365 Ambassadors can visit the Ambassador Resource Library for ideas.

**REFLECT:** In what ways will you identify and choose to take responsibility and action toward helping and bettering our community and world?

Share your Kindness in Action, and be sure to tag [@kindnessmatters365org](#) on Facebook and [@kindnessmatters365](#) on Instagram so we can measure our collective impact!

Questions? Email [ambassadorsupport@km365.org](mailto:ambassadorsupport@km365.org).