



Dear Kindness Collaborator,

I think you would agree that we live in most challenging times. Wouldn't it be nice to give our children and teens a chance to better handle all that life brings and to discover how to be kinder to one another? Let me introduce you to a child who was given such an opportunity.

Meet Mobo:

Ever since she could remember, Mobo struggled with anger and depression. Beginning at the age of 11, she was acting out and getting into trouble at school. Daily life was hard for Mobo, and things weren't getting easier as she became a teenager. Then, Mobo participated in KM365 Kindness in Action community service projects and the KM365 virtual Kindness Anywhere program, through which she explored and discovered life skills for her well-being. After only a year, a more mindful Mobo began showing kindness toward herself and others. She was using the strategies to help herself. Through KM365, Mobo began a transformation when she found a safe space and constructive skills to navigate challenges in her life. Mobo shared that thanks to KM365, she has learned to cope, not quit. She is thriving.



VISIT KINDNESSMATTERS365.ORG/MEETMOBO TO WATCH A BRIEF VIDEO MESSAGE FROM MOBO

Your financial support will ensure that more children and teens can experience a transformation like Mobo's. Any gift is appreciated, and with a donation of \$200 to KM365, you can support a child just like Mobo for one year. With a gift of \$1,000 or more, you'll receive a special gift and invitation (**visit kindnessmatters365.org/circle23 for more information**). Every dollar donated by midnight on Dec. 31st will be matched, dollar for dollar.

Join me in helping our children discover how to overcome life's difficulties by visiting the link below and donating your support to Kindness Matters 365, or use the form enclosed to send your donation by mail. Just imagine how many we can help over the next year.

VISIT KINDNESSMATTERS365.ORG/DONATE23 TO DONATE NOW ONLINE

With Gratitude,

Karin Gellen, Executive Director
Kindness Matters 365