



Hunger Awareness and Action

Project Ideas

Hunger and food insecurity are year-round problems in our communities. What can we do to bring awareness to this issue and to bring relief to our neighbors?



Share a meal. The next time your family cooks a meal, make extra for a neighbor who is shut-in or for a family, friends, or neighbors experiencing hardship at this time. Invite a neighbor to share a meal with your family and send them home with extras, if possible.



Create an advocacy campaign to raise awareness about hunger in children with <https://www.nokidhungry.org/youth>.



Work with your school to create sharing tables, where unopened, unwanted food can be left for others to take. Learn more @ <https://bit.ly/36D9tJV>.



Create an awareness/advocacy campaign about hunger and isolation for seniors who are shut-in. Visit <https://www.mealsonwheelsamerica.org/take-action/advocate>



Host a donation drive for the Kindness Angels (Boca Raton area), <https://bit.ly/3rQ3JnK>, or to benefit your local food pantry, <https://www.foodpantriesnear.me/>



Build your own project to address hunger and food insecurity in your school or community. Be sure to share it with us at <https://bit.ly/3f2zfrK>.