



Scatter Kindness Cards

Spread kindness like confetti! Leave encouraging messages around for friends, family, neighbors to find. This activity encourages compassion, which is when you think of others and what their lives might be like.

HOW TO

1. The purpose of this project is to leave inspirational notes to brighten up the day for others. Think of messages that you would like to hear and put them on the cards.
2. Decorate the messages however you like. Remember, someone is going to find this little surprise that you left for them!
3. One popular size for these cards is 2.5" x 3.5", but you can choose whatever size you would like.
4. Find fun places to leave these notes, where you know they'll be found: On a shelf at the grocery store, inside a book, on a mirror... the possibilities are endless.
5. If you find a Kindness Card, leave it there for the next person to see it. You could take a photo of it, and post it on social media with the hashtag #kindnessmatters365.

Contact ambassadorsupport@km365.org for questions or comments. 😊



SUPPLIES NEEDED:

Whatever you need to make Kindness Cards:

Cardstock or paper/Post-its

Markers/Paints/
Pencils

Stickers

Glitter!!

Scissors (if needed)

