



KINDNESS MATTERS 365™

Additional Reading / GOAL DIRECTED BEHAVIOR

For everyone from littles to adults! Listed here are titles - books, workbooks, and inspiration around goals and dreams to empower intentional, amazing lives!

Because Author: Mo Willems (3 – 10 years old)

The Little Engine That Could Author: Watty Piper (3-7 years old)

Roger's New Bike Author: Roger Bush (lower elementary)

Giraffes Can't Dance Author: Giles Andrae (4-8 years old)

Shanté Keys and the New Year's Peas Author: Gail Piernas-Davenport (4-8 years old)

After the Fall Author: Dan Santat (4-8 years old old)

Salt in His Shoes – Michael Jordan in Pursuit of a Dream Author: Deloris Jordon (4-8 years old)

Emmanuel's Dream: The True Story of Emmanuel Ofosu Yeboah Author: Laurie Ann Thompson (4-8 years old)

She Persisted Around the World: 13 Women Who Changed History Author: Chelsea Clinton (4-8 years old)

Jeremiah Learns to Read Author: Jo Bogart (5-8 years old old)

Thank You Mr. Falker Author: Patria Polacco (5-8 years old)

Freedom Soup Author: Tami Charles (5-9 years old)

The Story of Malala Yousafzai: A Biography Book for New Readers Author: Joan Marie Galat (6-9 years old old)

The Story of Harriet Tubman: A Biography Book for New Readers Author: Christine Platt (6-9 years old old)

Sixteen Years in Sixteen Seconds: The Sammy Lee Story Authors: Paula Yoo and Dom Lee (6 – 10 years old)

Big Life Journal: A Growth Mindset Journal Publisher: Eidens (2 levels / kids 7-10 years old and teen version)



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Big Life Journal: A Growth Mindset Journal Publisher: Eidens (Kid version 7-10 years old)

I am Malala Authors: Malala Yousafzai and Patricia McCormick (10 years old and up)

Ruby's Wish Author: Shirin Yim Bridges (8-12 years old)

Every Kid's Guide to Goals: How to Choose, Set, and Achieve Goals That Matter To You Author: Karleen Tauszik (8-12 years old)

The 7 Habits of Highly Effective Teens Author: Sean Covey (12-17 years old)

Breakaway: Beyond the Goal Author: Alex Morgan (middle school)

Shoot Your Shot: A Sport-Inspired Guide To Living Your Best Life Author: Vernon Brundage, Jr. (13 years old to adult)

The Third Door: The Wild Quest to Uncover How The World's Most Successful People Launched Their Careers Author: Alex Banahan (High School – Adult)

The 100-Day Goal Journal: Accomplish What Matters to You Author: John Lee Dumas (young adult – adult)

Make Your Bed: Little Things That Can Change Your Life...And Maybe the World Author: Admiral William H. McRaven (High School – Adult)

My 66-Day Habit Challenge Tracker & Goal Planner: A Daily Journal to Help You Track Your Habits and Achieve Your Dream Life Author: Happy Books Hub (young adult – adult)

The Power of SMART Goals: Using Goals to Improve Student Learning Author: Anne. E. Conzemius (for educators)

The Warrior's Book of Virtues: A Field Manual for Living Your Best Life Kindle Edition Authors: Nick Benas, Matthew Bloom, Richard Bryan (High School – Adult)

Atomic Habits Adult: James Clear (high school - adult)

The Seven Habits of Highly Effective People Author: Stephen R. Covey (high school – adult)

How to Achieve Big PHAT Goals Author: Dean Lindsay (High School - Adult)