

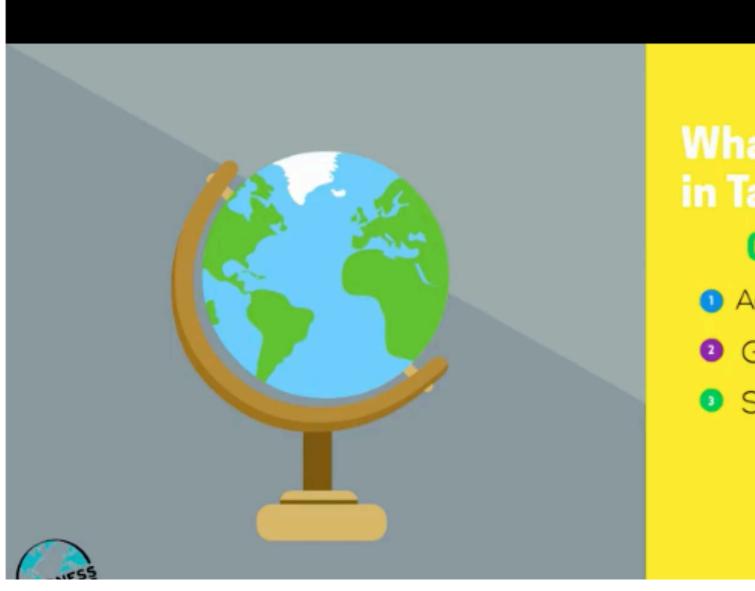




## What's Your Role in Taking Care of Your Community

- In Relationships
- Within Your Family
- At Work or School





## What's Your Role in Taking Care of OUR WORLD

- Advocating for a Cause
- Getting Involved
- Supporting Others



## When taking on responsibilities, consider these things:

- Strengths/skills (What do I do well?)
- Concerns (What don't I know how to do or don't have the skills to do?)
- What support will I need from others? (Who will help me?)
- What other responsibilities do I already have?

Remember, a responsibility is a promise. Sometimes the responsible thing to do is to say "No" if you will not be able to keep the promise.



## **PRACTICE**

| My role in taking care of        | is |
|----------------------------------|----|
| My strengths are:                |    |
| My concerns are:                 |    |
| I will need support from others: |    |
| No                               |    |
| Yes, from                        |    |
| My other responsibilities are:   |    |

