

DECEMBER: SOCIAL AWARENESS

Sample Meeting Plan; 6th - 8th Grades

All Activities, tools, etc. shown here are suggestions. Please feel free to substitute and/or modify as needed. Visit your [Resource Library](#) for tools, videos, speaker ideas, etc.

If your meetings are online, be sure to notify parents in advance about any materials needed so club members have supplies ready.

Social Awareness: The ability to understand & have compassion for others; appreciating diversity; respecting others; recognizing the social environment.

1. **“Check in”/”Attitude of Gratitude” PLAYLIST Check-In:**
Display a prompt in your meeting room: “The song or style of music that best represents my emotions/feelings today is”.

Include your choice as an example. You may wish to provide some well-known songs from which club members can choose if they are struggling to think of one themselves.

Invite club members to write their song name on the board (in person or electronic whiteboard) or to share it privately with you if they prefer.

Attitude of Gratitude: Invite club members to text or email a teacher, school staff, coach or someone similar and let them know they are appreciated. For virtual meetings, they can complete this activity while waiting for the meeting to begin.

2. **KM365 Tool** [Cat Cow Seated Yoga](#)
3. **Review & Intro** Review Self-Navigation (last month’s topic) and introduce Social Awareness (video you like, KM365 PowToon, dialogue, etc.).

[Intro to Social Awareness](#)

4. **Understanding/Personalization/Non-Profit Speaker or Video**



Your Notes

[The Burrito Project](#) Every community has people in need and organizations like the Burrito Project who help meet those needs. Find an organization near you (for virtual clubs, teach club members how to find those organizations) and invite them to join your meeting to share what needs they have right now.

5. **“Kindness in Action”** Design a donation drive or volunteer effort to help the organization serve its community. You can have a social media campaign to increase awareness of the organization; do a donation drive in your neighborhood or building; volunteer to help make/distribute food.****
6. **Reflection**
 - a. Ask club members to explain their understanding of the issues/challenges that were shared by the speaker/in the video.
 - b. What would be the impact of not taking care of the community we learned about today?
 - c. Is there something that inspired you today that you would like to share with others? If so, what did you learn and what could you tell others about this?
7. **Peace Pledge** Kids for Peace or read one your group created.
8. **Wrap Up** Photos, certificates of appreciation, handouts. Please remember to post, and turn in your [monthly reporting!](#)

Contact Ambassador Support at AmbassadorSupport@kindnessmatters365.org for questions or comments. 😊

****GROWN UP
SUPERVISION WILL BE
NEEDED FOR THESE
PROJECTS.