

REFLECTION QUESTIONS



SEL Reflection Prompts (4th and 5th Grade)

Reflection Questions/Prompts offer club members the opportunity to internalize what they learned in the day's meeting. Choose 2 or 3 from this list to spark discussion at the end of your meeting.

1. Why do you think this (organizations name here) is important to our community?
2. How do you think the kids/adults felt when (organizations name here) helped them? Can you relate to how those people must have felt?
3. Why do you think it is important for us to contribute to kindness in this area?
4. As kids how do you think you can help?
5. Why is it our responsibility to pay it forward and help the people around us? Do you think it's important for you and your families to participate and contribute to organizations and outreach programs in the community?
6. Give an example of how you would encounter this issue in your daily life and explain how you might approach it differently tomorrow than you did yesterday, given what we learned today.
7. How can you make a difference after what we learned today?
8. What would happen in 5 or 10 years if this group doesn't receive any help?
9. Is there something that inspired you today that you would like to share with others?

Contact Ambassador Support at AmbassadorSupport@kindnessmatters365.org for questions or comments. 😊