

# REFLECTION QUESTIONS



## **SEL Reflection Prompts (2<sup>nd</sup> and 3<sup>rd</sup> Grade)**

*Reflection Questions/Prompts offer club members the opportunity to internalize what they learned in the day's meeting. Choose 2 or 3 from this list to spark discussion at the end of your meeting.*

1. What did you learn from this presenter or what was he/she trying to teach us about?
2. 'Empathy': How would you feel if you were in the same situation, if you had the same problem...? How is your situation different from theirs?
3. Why do you think it is important for us to show kindness in this area? How will kindness help?
4. What can you do to help?
5. Is it our responsibility to help or do something to address the problem. Why or why not?
6. How does helping this issue help everyone (society)?
7. What will you do differently tomorrow because of what you learned today?
8. How can you or will you make a difference after what we learned today?
9. What happens if we do nothing? What will happen to them?
10. How will you explain/teach about this issue to others?

Contact Ambassador Support at [AmbassadorSupport@kindnessmatters365.org](mailto:AmbassadorSupport@kindnessmatters365.org) for questions or comments. 😊